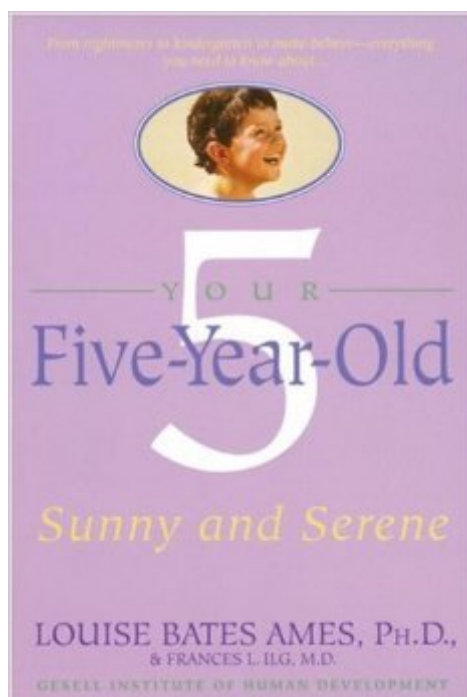


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# Your Five-Year-Old: Sunny And Serene



## Synopsis

A five-year-old is a wonderful, fun-loving, exuberant child. But what's going on inside that five-year-old head? What stages of development does a child this age go through, and what should parents know that can help their five-year-old handle this impressionable year? Recognized authorities on child behavior and development, Drs. Ames and Ilg answer these and many other questions, offering both invaluable practical advice and enlightening psychological insights.   
Included in this book:   
• Characteristics of age Five   
• The child and others   
• Discipline   
• Accomplishments and abilities   
• The child's mind   
• School   
• The five-year-old party   
• Individuality   
• Stories from real life   
• Good books and toys for Fives   
• Books for parents   
Â Louise Bates Ames and her colleagues synthesize a lifetime of observation of children, consultation, and discussion with parents. These books will help parents to better understand their children and will guide them through the fascinating and sometimes trying experiences of modern parenthood.   
• "Donald J. Cohen, M.D., Director, Yale Child Study Center, Irving B. Harris Professor of Child Psychiatry, Pediatrics, and Psychology, Yale School of Medicine

## Book Information

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Average Customer Review: 4.3 out of 5 stars Â See all reviews Â (51 customer reviews)

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## Customer Reviews

When you know what behaviors are "normal" for your child's age you can relax, stop the worry, and focus on appropriate solutions. This whole series of books accurately defines the ages and stages of children. These books keep your expectations realistic and allow you to avoid anger caused by a lack of understanding of your child's developmental stages.

I enjoyed reading the book especially the sections on school readiness and how a 5 year old child's mind works. This is a good book for parents to read in light of the tendency to push children academically and socially before they are ready developmentally.

I was never one to read parenting books; I always felt that it was unnecessary, since people have been having children for a very long time, and it should be something that we just "do". My wife had read some of the earlier books in this series, but I always avoided it. Also, when my son was 5 (not 5 1/2), he was a pleasure to be with, bed-time was running like clockwork, and the morning routine was pretty good too. So I naively felt our parenting problems were a thing of the past. Then, as he turned 5 1/2, things started to change. My previously cheerful son began getting angry often, getting into trouble at school, and being unpleasant to be around. At first, we didn't know what was wrong - we thought maybe he was unhappy at school. Eventually, through talking to friends I learned that boys frequently become a little unstable around this age. So I decided to get this book from the library and see if it was documented. The book describes what kind of behavior you can expect from a 5 year old, and how that changes when they turn 5 1/2 - 6. The symptoms the book described matched what my son was exhibiting *\*precisely\**. Everything - the quick temper, emotional rollercoaster, being mean to mom, regressing in his reading (in particular getting simple words backwards). *\*Everything\** he was going through was there, and it was *\*exactly\** as he was experiencing it. The book even mentioned how it's particularly hard on parents after the period of stability that is age 5. Needless to say, we felt so much better, since we know he was undergoing a normal phase. We stopped reacting when he'd have an outburst. And sure enough, a couple of months later, he started returning to his cheerful self, not getting into trouble at school, his reading recovered. Everything is back on track! This book will give you a few tips on how to deal with the changes your child goes through. However the biggest value it offers is teaching *\*you\** what to expect.

This entire series of books is very insightful. It is very helpful as a parent to get the "heads up" that these books provide. The questions of "what is going with my kid?" and "when will it end?" are answered leaving you with the feeling that you actually know what you are doing!

When I gave birth, I hoped the manual would have popped out right after the baby, alas, I was wrong. We used The What to expect books until they no longer covered our age group. A local

bookstore suggested Dr. Ames' books and they have been a GOD SEND! These books are the best from 2 to 5 so far they have been right on the money...Our son turns six in March and we are buying the 6 book tomorrow. My husband & I can not think of any other book(s) that has been more helpful or informative, than those written by Dr. Ames. Kudos to her and her easy to digest books.

This is a classic. Times have changed, but child development really hasn't. So while there are a few things in the book that seem outdated, the essential information is still relevant. These books are not someone's opinion on child-rearing; they are descriptions of child development based on research. I found these books helpful when I was raising my own children and now I'm going back to them as I interact with my granddaughter. When you deal with a five-year-old, it's nice to have a sort of road map to help you along - to prepare you for the bumps and turns and to help you appreciate the special attractions. They're only five once and, according to Louise Bates Ames, five has enormous attractions.

Although some of the passages in this book and it's companion volumes are quite dated, it is still one of the most helpful parenting books that I have found in 25 years of teaching preschoolers. Many parents through the years have breathed a sigh of relief after reading these books which start with "Your One Year Old" and go all the way up to "Your Ten to Fourteen Year Old".

Why did I wait so long to actually read this book? My twins are nearly 5 and a half. These books are so reassuring - just get the book for your child's age - you won't be disappointed. E.g. Who knew? It's actually developmentally normal for 5 year olds to be a bit obsessed with violence in their imaginary play or storytelling :)

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